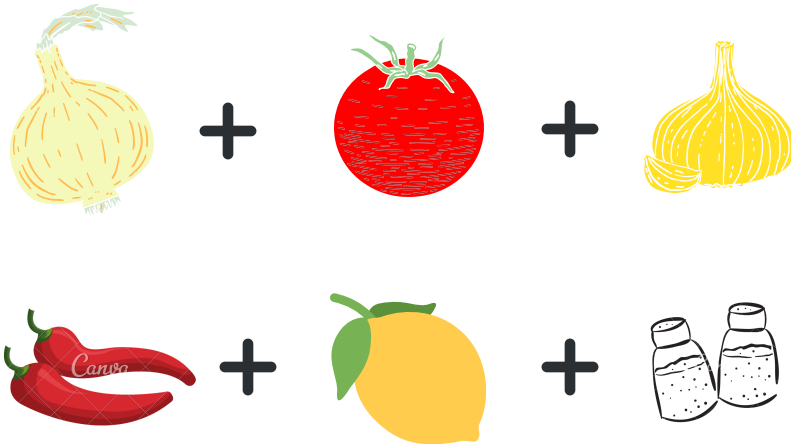


Formula for Fresh Salsa



Basic Ingredients:

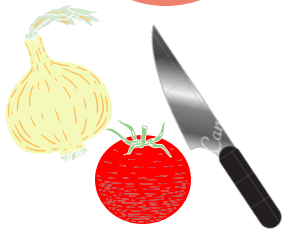


Optional Ingredients:

Cilantro
Corn
Black beans
Bell peppers
Mangos
Peaches

- 6-9 tomatoes
- 1-2 onions
- 1-2 jalapenos - remove membranes and seeds to control heat
- 1-2 garlic cloves
- 1-2 tsp salt
- Pepper to taste
- 2 T lemon juice

1



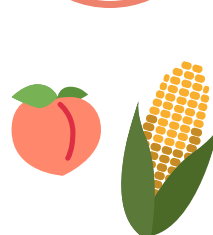
Chop all ingredients.

2



Place them in a bowl and mix.

3



Add optional ingredients.

4



Store in Mason jar for up to 7 days in fridge.