

HERE TO STORE IDEADMICHADE



EGGPLANT Room Temp Cool, keep away from sunlight 1 Week



BASIL

Room Temp Bouquet style in a jar with water 7-10 Days



POTATOES

Room Temp Well ventilated container, cool and dry area

3-5 Weeks



ZUCCHINI/ **SUMMER** SQUASH

Room Temp Ventilated plastic bag





WINTER SQUASH

Room Temp Cool and dry area

1-6 Months



SWEET POTATOES

Room Temp Cool, dry, well ventilated.

4-7 Months



STONE FRUIT

Room Temp Once ripe, move to fridge

2-5 Weeks



AVOCADOS

Room Temp If ripe, store in the fridge

Varies



MELONS

Room Temp Once ripe, move to fridge

7-10 Days



PEARS

Room Temp Once ripe, move to fridge

© 2-7 Months



TOMATOES

Room Temp Keep out of direct sunlight

1-3 Weeks



ONIONS

Room Temp Cool, dark and dry area

4-6 Weeks



PEPPERS

Fridge Unwashed in a plastic bag

2-3 Weeks



GREEN BEANS

Fridge In a container

7 Days



CELERIAC

Fridge

Trim stalks first 6-8 Months



CUCUMBER
 Fridge
Wrapped in plastic
or bees wrap
 10-14 Days



ARTICHOKE

Fridge
Store in aventilated bag with a couple drops of water

4-7 Days



GARLIC
Pridge
Dry, dark,
ventilated area
F-7 Months



APPLES

Fridge
Ventilated bag

1-12 Months



ASPARAGUS

Pridge
In a glass jar with water, cover with plastic bag

2-3 Weeks



BLACK/BLUE/
RASP
Pridge
Ventilated container
with paper towel
2-3 Days



STRAWBERRIES

Fridge
Ventilated container
with paper towel

5-7 Days



Pridge
Wrap in damp
paper towels

■ 10-14 Days



BRUSSELS
SPROUTS
Fridge In a
plastic bag
3-5 Weeks



CABBAGE
• Fridge Store
as is
• 3-6 Weeks



CARROTS, BUNCH
 Fridge
Place in a container
in water, with a lid
 2 Weeks



CAULIFLOWER

Fridge In a plastic or paper bag

2-4 Weeks



CHERRIES, SWEET Fridge Wrapped in a plastic bag 2-3 Weeks



HERBS
 Fridge
Bouquet style
in a jar with water,
covered with plastic
 2 Weeks



CORN ON
THE COB
Fridge
Uncovered
5-8 Days



DARK LEAFY
GREENS
Fridge
Plastic bag with
paper towels to
soak up moisture
10-14 Days



GRAPES

○ Fridge
Air tight container
or sealed plastic bag

③ 2-3 Weeks



LETTUCE/
SALAD MIX

Fridge Plastic
bag with paper
towels to soak up
moisture.

2-3 Weeks



PEAS
Fridge
Ventilated bag
1-2 Weeks



BEETS, BUNCHED

◆ Fridge
Cut the tops off,
store leaves
separately

● 10-14 Weeks



BOK CHOI/
ASIAN GREENS
Pridge
Ventilated bag
1 Week



CELERY
Pridge
Wrap tightly with aluminum foil
2-3 Months



KOHLRABI

Fridge

Fridge

Wrap loosely in plastic or paper towels

2-3 Months



LEEKS
Pridge
Alone or in loosley wrapped plastic or paper towels
2-3 Months



MUSHROOMS
Pridge
Paper or damp
cloth bag
3-4 Days



PARSNIPS

• Fridge
Cool dark place
• 4-6 Months



RADISHES
Pridge
Cut tops and store in a plastic bag
3-4 Weeks



TURNIPS

Pridge
Store in a plastic bag

4-5 Months



TURNIP GREENS
 Fridge
 Wrap in a damp
 paper towel in a
 ventilated bag
 10-14 Days



RUTABAGA

Pridge
Store in a plastic bag

4-6 Months



RHUBARB

Fridge
Store in
a plastic bag

2-4 Weeks



CITRUS

Fridge

Store as is

2-3 Weeks



FENNEL
Pridge
Remove stalks
and store in a
plastic bag
5-10 Days



FIDDLEHEAD FERNS
Fridge
Wrap in aluminum foil
3 Weeks



DAIKON RADISH
 Fridge
Store in a
ventilated bag
 4 Days



MICROGREENS

Fridge
Keep layers in
damp paper towels
in a plastic bag

5-8 Days



SCALLIONS
Pridge
Store in a jar with little water with paper towel or plastic over them
1-2 Weeks



RADICCHIO
 Fridge
Wrapped tightly
in a paper towel
 2-3 Days

